

Hawaii MARINE LIFESTYLES

HAWAII MARINE B SECTION

MARCH 18, 2005



Every weekend, artists gather at the Monsarrat Avenue side of the Honolulu Zoo fence in Waikiki to showcase and sell their art. Passersby are treated to different painting styles and subject matter from whimsical tiki- and frog-themed paintings to scrimshaw and portraits. All are available for sale.

Zoo-tastic

Meet the artists at 'the fence'

Story and Photos By
Cpl. Megan L. Stiner
Press Chief

Every weekend hundreds of paintings and other types of art can be seen hanging from the Honolulu Zoo fence where, for more than 50 years, artists have been showcasing and selling their work.

"I have been coming here every Saturday and Sunday for the past eleven years," said Artist Poor Lydia, a painter of "primitive Hawaiian" art. "When I first came to Hawaii, twelve years ago, I saw the art set up here, and I wanted to come myself to see how well I

could do."

Ever since she was a little girl, the New York City native has been interested in drawing. Today, this self-taught artist can boast that her paintings can now be found "all over the mainland" as well as in Hawaii.

The artists who display their pieces on the fence vary in character, nearly as much as the art. One of the interesting aspects of visiting the fence is meeting the artists.

Artists like Captain Budd, a scrimshander — someone who carves or engraves on whale teeth and ivory — said that his craft was originated by



Above — These Hawaiian-themed paintings by artist Damon Ramsey are just a few examples of the hundreds of art pieces that can be found just outside the Honolulu Zoo fence.

Left — Scrimshaw — etched or carved whale teeth and ivory — can also be found for sale.

sailors of the 18th century who employed the art during long ocean voyages to pass the time.

Budd's work is one of the more unique styles that adorn the fence.

"I got into it when I was working in Maui," explained the

Colorado native. "I just saw it and wanted to pick it up. I've been doing it ever since."

A large variety of artwork stretches nearly 200 meters and signs point the way for those unfamiliar with how to get to the fence and

See FENCE, B-8



Above — Poor Lydia's "primitive Hawaiian" paintings colorfully grace the Honolulu Zoo fence. Since 1954, artists have been displaying their work at the fence, in hopes of attracting interested buyers.

Right — Artist Damon Ramsey showcases his Hawaiian paintings each weekend at the Honolulu Zoo fence. One advantage of shopping for art at the fence is the opportunity to meet and speak with the artists and discover the story behind each piece.



Cpl. Nicholas Blanchard, field operations non-commissioned officer-in-charge, Installation Personnel Administration Center, browses through a stack of paintings by local artist Poor Lydia.

MCCS supports spouses with Respite Care

Ed Hanlon V
MCCS Marketing

Respite *n* — A temporary rest or relief; pause.
Webster's New Millennium™ Dictionary of English, Preview Edition (v 0.9.5)

For spouses of Marines and Sailors deployed or experiencing additional duties in support of Operation Iraqi Freedom or Operation Enduring Freedom, there is a silver lining around the cloud of stress and anxiety

that accompanies the deployed family lifestyle.

Free Respite Child Care is currently available to spouses of MCB Hawaii Marines and Sailors who are experiencing stress that is related to their spouse being deployed and for those with special needs.

“We want to ensure that we reach every spouse who can benefit from this invaluable service,” stated Capt. Claire Hamilton, MCCS Marine Corps Family Team Building Director for MCB Hawaii.

“Respite Care is intended to lessen

families’ stress level and give spouses a much-needed break.”

Spouses are offered Respite Child Care for up to five hours per week, per child. Preapproved Family Child Care providers attend to the children in their base residence.

Accessing Respite Child Care is a simple three-step process.

The first step is to get an authorization form and a list of providers. Spouses can obtain the form and a list of providers from either Marine and Family Services, located in Building 216, or the deployed spouse’s unit

point of contact. The unit POC may be the Family Readiness officer, chaplain, executive officer or commanding officer.

The second step is to choose a certified FCC provider from the provider list and call the provider to schedule the date and time of care.

The third step is to give the authorization form, along with supporting documents, to the FCC provider on the day of the scheduled child care. Documents that the parents must present along with the form include: their child’s current immunization

record, annual health assessment and a TB test that has been taken within the last 12 months.

“We want to make the process as simple as possible to the spouses in need of Respite Care,” Hamilton added, “and it really helps that the spouses have a choice where to pick up an authorization form, so that each spouse can apply where it is convenient.”

To learn more about Respite Child Care, contact Marine & Family Services at 257-7787 or call your spouse’s Unit Family Readiness officer.

MARINE CORPS COMMUNITY SERVICES

WWW.MCCSHAWAII.COM

Possibilities in Paradise



Kahuna’s Bar & Grill
254-7660/7661

Full Contact Showdown is back — If you missed it the first time, here is your chance to witness

mixed martial arts firsthand, Saturday. This time the main event will feature MCB Hawaii Marine Steve Byrne facing Kimo Wolfel at Kahuna’s Community Ballroom.

Doors open at 7 p.m. with the first bell at 8 p.m. Food and beverages will be available. This event is open to E-5s and below, equivalent DoD civilians and their sponsored guests.

a taco bar from 5 to 8 p.m. There will be complimentary tequila tasting from 5 to 9 p.m. and, of course, complimentary massages and manicures. Enjoy grande margaritas and prizes all evening long in appreciation of the special ladies in our lives.

Members pay only \$5, nonmembers pay \$8. This event is sponsored by the Staff NCOs of CSSG-3.

movie, no new releases, for regular price and rent the second stock movie for \$1.25.

Sunday — Rent any Sunday Special movie for \$1. Each week is a different section. See store calendar for selected section.

Travel to book your next trip. Located in Mokapu Mall, Tradewind Travel can arrange mainland flights, inter-island packages, Norwegian Cruise Line packages, and, most recently, a five-night Sydney, Australia package.

Tradewind Travel is open Mondays through Fridays from 10 a.m. to 6 p.m. and Saturdays from 9 a.m. to 2 p.m.

For more details, call 254-7413.



Ongoing

Fix it Yourself — Want to do a little work on your prized vehicle but don’t have the space or tools to get the job done? Cruise on over to the Auto Skills Center located at Building 3097, next to the 24-hour car wash, and utilize their tools to get your baby back in top form.

Certified Hawaii Safety inspections are also available weekdays from noon to 6 p.m. and weekends and holidays from 9 a.m. to 3 p.m.

For more details, call 254-7674.

Swing Lessons — Kahuna’s Ballroom will teach you how to dance. Every Monday, swing dance lessons will be taught from 7 to 9 p.m. The cost is only \$2, so grab a partner and get ready to twist, twirl and spin the night away.

For more information, call Kahuna’s Bar & Grill at 254-7660.

Play-mornings — Children and parents are all invited to come have fun at the Armed Services YMCA “Playmornings.” Spend quality time with your children and get to know other families aboard the base. Play-mornings is a facilitated parent-child program to encourage bonding with-in and amongst families.

Enjoy crafts, games, songs and fun at various locations across the base. The program runs Mondays through Fridays from 9:30 to 11 a.m. at the following locations: Mondays at Hale Koa Beach, Tuesdays at the Youth Activities Building 5082, Wednesdays and Fridays at the Super Playground and Thursdays at Connor Loop Playground. In case of inclement weather, head to the Armed Services YMCA at Building 1638.

For more information, call the Armed Services YMCA at 254-4719.



All events are open to unaccompanied E-5 and below who are active duty Marines or Sailors. The SM&SP Office is located in Building 1629, inside the Kahuna’s Recreation Center. Get more details on activities at mccshawaii.com under the “Semper Fitness” icon, or call 254-7593.

Dodgeball Tournament: Teams of six are invited to the SM&SP Dodgeball Tournament, held April 15 at Camp Smith and April 16 at Kaneohe Bay. Players will follow National Amateur Dodgeball Association Rules. These tournaments are absolutely free and open to all E-5 and below. Call the SM&SP Office for further information at 254-7593.

Paintball Tournament: Pin them down with paintballs at the SM&SP Paintball Tournament, April 30 at MCB Hawaii’s Paintball Hawaii, located near the Lemon Lot. Fees are \$20 for those who have equipment, \$30 for those needing to rent equipment, a \$20 all-day-air fee and a \$55 fee per five-player team.

SM&SP Benefits

Single Marines and Sailors of MCB Hawaii enjoy many bargains such as the following:

- At the Tennis Courts:* You can get into the swing of things with free tennis lessons Thursdays from 11 a.m. to 12 p.m. Call 258-8081 to make your reservations.
- At the Kaneohe Klipper Golf Course:* Practice your swing with free-range balls, club rental at \$5 per set, 9 holes of play at \$5 or 18 holes of play at \$9.
- At K-Bay Lanes:* Score with games for \$1.50 each, free shoe rentals Mondays through Thursdays and no-tap at \$15 on Thursdays at 8:15 p.m.
- At the Base Marina:* Enjoy free, unit-sanctioned “Adventure Training” with classes in scuba, power boating, water skiing and much more.

Staff NCO Club
254-5481

Staff NCO Golf Tournament —Swing into spring with the four-man scramble best ball golf tournament Wednesday. Shotgun start is at 12 p.m.

The tournament is open to Staff NCOs of all services, family members and sponsored guests. Team prizes will be available for first, second, third and last places. There will also be a longest-drive and a closest-to-the-hole contest.

For more information or to sign up call 1st Sgt. Mark Drinkwater at 257-2600; Todd Murata, golf course manager, at 254-1745; or Dickson Alvarado, Staff NCO Club Manager, at 254-5481.

Club Celebrates Women’s History Month — Head up to the club for an evening that honors women.

“Margaritas, Massages and Manicures” will open the bar from 4 to 10 p.m. Saturday and will feature

Entertainment Books — The 2005 Entertainment Books, with great discounts on all of your favorite activities and restaurants in Hawaii, are on sale now. The books cost \$30 and make great gifts.

For more details, call Information, Tickets and Tours at 254-7563.

Mega Video — Check out these weekly rental specials.

Monday — Rent one new release, get one category movie free.

Tuesday — Rent a video game at regular price, and rent a second one for \$2.50.

Wednesday — Rent three new releases, VHS or DVD, receive an extra day rental.

Thursday — Rent one DVD at the regular price; rent the second one for \$1.75. This includes new releases.

Friday — Rent family and children’s movies for 75 cents. Sorry, no new releases.

Saturday — Rent any basic stock

Salsa Lessons — Impress her with your fancy foot and hip action. Take a few salsa lessons at Kahuna’s Ballroom every Tuesday from 7 to 9 p.m., and you will be set to hit the town. Lessons are \$2.

For more details, call Kahuna’s Bar & Grill at 254-7660.

Mongolian Barbecue — Don’t feel like cooking dinner? Every Wednesday and Friday night, head out to The Officers’ Club for Mongolian Barbecue and leave the work to the professionals.

Dinner is buffet style. Select your favorite veggies and meat, including chicken, shrimp, pork and beef. Pile your bowl high, and kick it up a notch with a sauce of your choice, then watch the grill masters flip, sauté and grill your dinner to perfection.

Mongolian Barbecue is served every Wednesday and Friday at 5:30 p.m. For more information, call 254-7649.

Tradewind Travel — If travel is in your future, look to Tradewind

Looking for a Job? — Marine Corps Community Services employs more than 850 employees in retail, food and hospitality; fitness; child and youth activities; water safety; logistics and administration. Stop by the MCCS Personnel office. Get a job or career that suits your skills, schedule and style.

For more information, call 254-7619 or visit www.mccshawaii.com/jobslistings.html.

JOINT EDUCATION CENTER Online courses allow easy access

Loretta Cornett-Huff
MCB Hawaii Joint Education Center

About bachelor’s degrees

A bachelor’s degree (or baccalaureate degree) is achieved after completing a four-year program of courses or the equivalent by attending part-time through non-traditional means or accelerated terms. To be awarded this degree requires at least 120 to 128 semester-hours credit or 180 to 192 quarter-hours credit be earned. The total of these credit hours equates to at least 40 courses. The student chooses a specific area of study that will be the “major” field of study. Included within this program are other courses chosen by the student.

Colleges that utilize a semester plan have terms that usually last from four to four and one-half months in the fall and spring with shorter terms for summer sessions whereas colleges using a quarter plan will have 10- to 12-week terms. Some college programs include accelerated terms that are shorter, so the student has more class time per week. For example, in an accelerated term of 10 weeks, the course might

meet two nights a week for two hours a night. Some three semester-hour courses meet once a week for the 10-week term.

Terms at MCB Hawaii are planned with deployments, training and transfer schedules in mind. The on-base colleges: Chaminade, Embry-Riddle Aeronautical, Hawaii Pacific and Wayland Baptist offer their on-base and technology-driven courses in 10-week terms. The next term, the third term for fiscal year 2005, is from April 4 to June 13. Sixty four-week courses are scheduled at Kaneohe Bay in Buildings 219, 220 and 221. Within this term are two five-week “mini” terms. Slated for April 4 and May 5 are 10 three semester-hour courses and an additional 10 are scheduled for the second “mini” five-week session from May 9 to June 13 with 44 in the regular 10-week term.

For more information on schedules, go to the JEC Web site at www.mccshawaii.com/jec.htm. You will see that the schedule includes another set of 25 courses that are scheduled at Camp H.M. Smith, Building 27 from April 4 to June 13.

All on-base schools have technology-driven courses that are attracting deployed personnel

who have access to computers and students who want the blend of classroom and an online course of study. The JEC has even devised a method, approved by Headquarters USMC, to provide tuition assistance to deployed Marines who have attended the “College 101 Brief” information session that is available each Wednesday from 11:30 to 12:45 in Building 220 in JEC Classroom B.

Additional online distance learning course-work resources are available from Counselors from Central Texas College, Coastline Community College, Thomas Edison State University, University of Maryland and University College. CTC also coordinates courses for MCB Hawaii deployments and online classes. Counselor schedules can be obtained by calling the JEC at 257-2158.

Any questions? Call the Joint Education Center at 257-2158 or visit our Web site at www.mccshawaii.com/jec.htm. Bottom line: Never enroll in a course or program without your funded tuition assistance voucher.

Watch this column for updates and valuable information. Protect and use your TA and Montgomery G.I. Bill benefits, wisely.

MOVIE TIME	
Prices: Adults, 12 and older, \$3; children 6 to 11, \$1.50 and children 5 and younger, free. Matinee prices are \$2 for adults, \$1 for children. Parents must purchase tickets for R-rated movies in person at the box office for children 16-years-old and younger. Sunday evenings, the price is \$1 for all patrons. Show your ID card at the box office. Call 254-7642 for recorded information.	
Sneak Preview Policy: One hour and 45 minutes prior to the movie, tickets will be issued to first priority patrons waiting in line, then second and third priority patrons.	
In Good Company (PG-13)	Today at 7:15 p.m.
Sideways (R)	Today at 9:45 p.m.
The Wedding Date (PG-13)	Saturday at 7:15 p.m.
The Phantom of the Opera (PG-13)	Saturday at 9:45 p.m.
Pooh’s Heffalump Movie (G)	Sunday at 2 p.m.
Are We There Yet? (PG)	Sunday at 6:30 p.m.
Alone in the Dark (R)	Wednesday at 6:30 p.m.
Boogeyman (PG-13)	Friday at 7:15 p.m.
The Wedding Date (PG-13)	Friday at 9:45 p.m.



18 March 2005

Marines and Families of Marine Corps Base Hawaii,
Over the next few weeks, the Hawaii Marine will publish excerpts from articles written by Michele Adam-Thompson. These articles illustrate several of the issues that will face not only our Marines and Sailors upon their homecoming, but also you, as their family.
With the great number of Marines and Sailors who are returning from and deploying to Operations Enduring Freedom and Iraqi Freedom, as well as annual deployments to Okinawa, Japan, I believe these articles may be very helpful to us all.
As always, Zoe and I keep you in our thoughts and prayers.
Semper Fidelis,

G.J. Trautman, III

G.J. TRAUTMAN, III
Brigadier General, U.S. Marine Corps
Commanding General, Marine Corps Base Hawaii

Deployment

Reunions matter most

Returning is most important part of deployment

Michele Adams-Thompson
Hawaii Army Weekly

Are we there yet? I know I'm not the only one who is incredibly relieved to see the word in print, much less to think it might be coming in range on my own personal radar. All these long months of thinking on the deployment and seemingly nothing else, and finally we get to start preparing for something new, something so much more hopeful, so much happier: reunion!
Bottom line up front, there is a lot of solid research in from the last decade of military deployments and here's the deal: after

*Your hero
is coming home.
Now what?*

If you are the family member of a deployed 1/3 Marine or any MCB Hawaii Marine or Sailor deployed with the 31st Marine Expeditionary Unit, you will want to attend this important two-night workshop.

*From Combat to
Home Life*

When: Monday, March 21 and Tuesday, March 22, from 6 to 9 p.m.
Where: Classroom 5 at CVIC, Building 267, C Street

everything we've been through with this long deployment, we are just now getting to the "most important stage" for both the Marine, Sailor and the spouse. Read that again to make sure you heard it: This is the most important stage. I see that uncomprehending, slightly wary look on your face. Yes, after all the growing, limit-stretching, boundaries-of-tolerance experiences visited on us over these long months, we are just now getting to the important part. Sure, the baby was hospitalized for a week and you had to lean on all your friends to take care of your two preschoolers, and yes, that was the same week your dad had a heart attack back home. On top of everything, it was also the same week your Marine or Sailor's unit came up for patrol duty in one of the war's worst hot spots. Oh, and don't

See REUNION, B-7



Cpl. Megan L. Stiner

For services rendered

American Red Cross Volunteer Coordinator, Connie Cuse (right), recognizes Christine Maly (center), chairman of volunteers, for her work and dedication to the American Red Cross at an awards ceremony Monday, for American Red Cross volunteers. Maly's husband, Keith (left), helped introduce her at the occasion. Maly is leaving the island this year, which leaves the position for chairman of volunteers open. This year, American Red Cross volunteers for K-Bay gave the community more hours of service than there are hours in a year. The accumulated time volunteered was a whopping 10,676 hours. An annual Volunteer Recognition Luncheon awards ceremony was held to recognize their selfless contributions to the community. Certificates, pins and awards were given away in various categories, ranging from youth volunteer certificates, to service awards for the number of years individuals have served.

Women’s History Month

Service members serve with distinction

Editor’s note: History records the date of Aug. 13, 1918 as the day that women first joined the ranks of “the few and the proud,” with the enlistment of Pvt. Opha Mae Johnson. Since then,

**Petty Officer 2nd Class
Shauna Mi Beaulieu**
Patrol Squadron 2

Recognized for her technical expertise in the field of information technology, Petty Officer 2nd Class Shauna Mi Beaulieu, a Maui native, serves as Special Projects Patrol Squadron 2, Ground Station Operator and Work Center Supervisor. She performed her job as Information Systems Technician with distinction during operations Iraqi Freedom and Enduring Freedom. Beaulieu has volunteered at the Keolu Elementary School, rebuilding computers and tutoring children. Her efforts won her command the Navy Wide 2004 Community Service Health, Safety, and Fitness Flagship Award in Medium Sea-Going Command category. Beaulieu’s dedication to duty, technical skills, and involvement in the community clearly demonstrates her pride in her job, community and the U.S. Navy.



Photo Courtesy of VP-4
BEAULIEU

women Marines have made countless contributions to the Marine Corps and to the nation that deserve recognition.

During Woman’s History Month, the month des-

Cpl. Betsy L. Pagan
Marine Heavy Helicopter Squadron 363

Cpl. Betsy L. Pagan is currently serving as the Training Non-Commissioned Officer for Marine Heavy Helicopter Squadron 363. In this capacity, she ensures the “Red Lions” are current in Water Survival, Individual Survival Measures for Nuclear Biological and Chemical attacks, weapons proficiency training, physical fitness, and Marine Battle Skills Training. She also serves as the squadron representative for the Single Marine Program. Pagan influences daily flight operations by writing the flight schedule while deployed to Marine Corps Air Station Iwakuni, Japan, under the Unit Deployment Program.



Jon Chan
PAGAN

ignated to celebrate and recognize the contributions that women have made to our nation, Patrol Squadron 2, Marine Heavy Helicopter Squadron 363 and Combat Service Support Group 3 recognize

1st Lt. Deborah Turley
Marine Heavy Helicopter Squadron 363

First Lt. Deborah Turley, a CH-53D helicopter second-pilot with Marine Heavy Helicopter Squadron 363, is currently involved in post-maintenance functional checkflight operations aboard Marine Corps Air Station Futenma, Okinawa. As the squadron Naval Aviation Training and Operating Procedures Standardization officer, Turley accurately tracks hundreds of designations and qualifications for flight crew ensuring the safe operation of this aircraft and the lives of the men and women who fly aboard. Turley is part of the Hawaii helicopter squadron Unit Deployment Program to Japan, and pursuing her designation toward Helicopter Aircraft Commander.



Sgt. John Grigsby
TURLEY

the contributions female service members and civilians assigned to Marine Corps Base Hawaii, Kaneohe Bay.

Sgt. Tessa A. Rice
Transportation Support Company

Recognized for her efficient handling and coordination at Bradshaw Army Airfield on the island of Hawaii, Sgt. Tessa A. Rice, from Warren, Pa., is an active member of our Marine Corps and civilian communities. She joined Combat Service Support Group 3 in February 2004 and has made a name for herself as a conscientious and proactive Landing Support Specialist. In addition, she was nominated for a Meritorious Mast for her work at Bradshaw Army Airfield during Hawaii Combined Arms Exercise 2004–2 in September 2004. Rice is currently taking college classes through Berean College and is an active participant in her church.



Cpl. Justin D. Hahn
RICE

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first impressions

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Did You Know?

Girls and Boys Town...

- Provides treatment and care to more than 40,000 abused, abandoned and neglected girls and boys across the country each year.
- Provides assistance to nearly one million children each year by training parents, teachers and child-care professionals how to meet the needs of children in the 21st century.
- Has 19 sites located in 14 states and the District of Columbia.
- Assists more than 450,000 callers annually through the Girls and Boys Town National Hotline (800-448-3000).
- Cares for children regardless of race, color, creed, gender, national origin, or ability to pay. On average, girls make up about 50 percent of the youth cared for each year.
- For more information, call 1-800-217-3700, write to P.O. Box 8000, Boys Town, NE 68010, or visit www.girlsandboystown.org

Girls Boys and Town

A CFC participant – provided as a public service

Understanding dogs can prevent bites

Boning up on dogs can help keep your children and dogs safe from each other, avoiding needless heartache

Kelli Kirwin
LIFELines.navy.mil/LIFELines.usmc.mil

The Humane Society estimates that more than 800,000 dog bites require medical attention every year. Sixty percent of those cases are children, and 80 percent of fatalities from dog bites are children. Not all dog bites are from unknown dogs. In fact, a large percentage of dogs that bite children are their own pets or a neighbor's.

But by learning the ways a dog communicates and taking a proactive role in raising your pets, you can provide a wonderful home for a dog and a wonderful pet for your children.

Dogs are wonderful for children. They provide constancy in an environment of military moves or separations from parents and extended families. Pets help teach responsibility, as well as compassion for other beings. They are wonderful companions and help to build a child's self-esteem.

But there is more to having a dog than water bowls and dog collars. A dog is a big responsibility. If you have a dog or are considering getting one, bone up on keeping your dog and your children safe from each other.

Child-Proof Your Dog

When you get your puppy, it is a good idea to help "desensitize" the animal to being handled. Spending time rubbing, stroking, and even gently tugging on their ears and tail in a loving way will help get your puppy used to being handled. It will also give you an opportunity to judge the dogs temperament and disposition.

At the first signs of serious aggression or negative temperament, make the decision whether to keep the dog. It is better for your family to go through the heartbreak of losing a family pet than the heartbreak of a mentally and physically disfiguring dog bite on your 5-year-old child. There are some dogs that are just not good pets for a family with children.

Know the difference between obedience training and protective training, as well as the consequences of both. A dog that has some protective training could be more prone to biting. Wallace Clay from the Chesapeake Bay Retriever Rescue has tips to help prepare your dog for your family.

Dog-Proof Your Child

Perhaps the question you should ask, in addition to "How is the dog around children?" is "How are the children around dogs?" The more you read about dogs and their natural instincts, the more you will realize that parents have an awesome responsibility to teach their children proper handling, treatment and respect for dogs. This instruction should not be limited to the pet in your own back yard, but to other dogs as well.

Family Time

Set aside one evening and devote it to teaching your family about their new pet. A special snack and a fun lesson are a great way to teach proper handling, as well as nutrition and exercise. Emphasize who does the chores involved in caring for your dog and when they should be done. This offers time for you and your child to become more familiar with your dog's special needs and personality. Go over the dos and don'ts for dogs in general, including what to do when there is a stray in the area and how to approach unfamiliar dogs, whether the owner is nearby or not.

Some Rules for Handling Dogs

Teach your children never to bother a sleeping

dog. Even the mildest tempered dog can come up snapping if disturbed while sleeping. There is truth in the old saying, "Let sleeping dogs lie."

Never try to play with a dog while it is eating. Even if a child is trying to fill the dogs bowl with food or water while the dog is eating, a dog could reasonably mistake this as try-

ing to take its food, and it may become aggressive. Parents can take time, when children are not around, to help their pet become used to their food being handled as a preventive measure.

Children should be cautious when approaching a dog that is caring for puppies. Even the gentlest of dogs has a protective instinct for its young.

Your children also need lessons on how to approach and handle other dogs they might be familiar with but

that are not part of your family. They should always ask the owner before petting someone else's dog. You don't always know the dog's history or how the dog is treated in the home.

You should be very firm and clear that children should never approach a stray or unknown dog. The safest thing your child can do is to report any loose dogs in the neighborhood. Parents should contact the owners or call animal control. Never approach a dog that is tied or chained. Long-term restriction, such as staking a dog out, can result in aggressive behavior.

If a dog does approach your child to sniff, teach your child to remain still and calm. Sudden movements or raising of the arms could trigger the dog's "prey drive," which might cause a dog to chase you and bite. The same dog may ignore someone who stays still.

Never give a dog direct

eye contact. This is a sign to a dominant dog that you are going to attack, which could trigger an attack.

What Parents Can Do

Educate yourself before selecting a family dog. There are some breeds that present a higher risk than others for dog bites. This is not a hard and fast list; a lot also depends on the dog's temperament. According to Kevin P. Connelly, DO, assistant professor of pediatrics, and director of Paws For Health, a Labrador retriever is a great breed for children, versus a Rottweiler.

Being a responsible pet owner also involves neutering. If you're not breeding or showing dogs, then neutering is recommended. Dogs that are not neutered are three times more likely to bite. However, if you wait until a dog is older than 2 years, neutering may do very little to affect aggressiveness.

Parents should also be realistic about the amount of time they and their family have or want to spend with a pet. Training, exercising, and taking care of a dog's health can be time consuming. If you're not able or willing to spend that time, be fair to the dog — don't get one. In the long run, it may not be fair to your children.

Dogs are wonderful family pets as long as parents take the proper precautions and time to educate their children. Children benefit from having a four-legged friend who will never call them names and will always wag their tails at the idea of a treat. Take time to make sure your new family member is one that will be able to be around for a long time.

To learn more about dogs, visit the Dog Play Web site at www.dog-play.com.



Dogs help children learn about responsibility and provide constancy in their life, amidst moves and separation from parents. Teaching your children how to interact with dogs can keep both the child, as well as the dog, from harm.

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Here's a Sobering Thought

Even a little alcohol can affect your judgment, balance and coordination. The fact is, almost half of the riders who die in solo motorcycle crashes have been drinking. Play it safe. Don't start drinking until you've finished riding.

(800) 446-9227 • www.msf-usa.org

Word to Pass

CVIC Recommends Taking Promotion Photos Early

If you are in need of a promotion photo from CVIC, the studio hours are Mondays, Wednesdays and Fridays from 7:30 to 11 a.m.

A high volume of promotion photo requests are expected, due to the Gunnery Sergeant Selection Board, so get in early to ensure your photo gets into your official military personnel file in a timely manner. Photos will be taken on a walk-in basis only, and changing rooms are available.

Commands are recommended to screen their Marines prior to having their photos taken. If you do not meet the Marine Corps height/weight standards, a letter from your commanding officer, executive officer or sgt. maj. is required.

In accordance with MARADMIN 463/01, photos will not be printed or e-mailed in order to avoid duplicate copies sent to the Personal Management Support Branch.

Photos will be uploaded in front of you so you can verify that it has been sent to MMSB.

It takes approximately 24 to 48 hours for your photo to post on the MMSB Web site. To confirm the receipt of your photo, visit <https://www.mmsb.usmc.mil> or contact MMSB-20 at DSN 278-4607/3974/5671, commercial (703) 784-4607/3974/5671.

CVIC is not responsible for inputting photos into your official military personnel file; that is MMSB's responsibility. Marines are encouraged to check his/her OMPF before the board convenes.

Special Kapaa Quarry Road Cleanup/Cleanout Project Set

The Windward Ahupuaa Alliance will hold a Special Kapaa Quarry Road Cleanup/Cleanout Saturday from 2:30 to 4:30 pm.

Check-in time is at 2 pm. Closed-toe shoes or boots with gripping soles are required. Gloves, bags, bottled water and light snacks will be provided. The cleanup/cleanout will start promptly at 2:30 and end at 4 pm at which time the judging will take place and the “stuff” collected will be taken to the Kapaa Transfer Station on the way to a pau hana party for all volunteers at a Kailua restaurant (to be announced) from 5 to 7 p.m.

The prizes will be given out at that time. Gift certificates will be distributed to everyone who takes part in the event as well as cash prizes for a school, class or club project to the winning teams. The student team prizes are: first place, \$150; second place, \$75; third place, \$25. There will be other prizes for adult winners both individually as well as for folks entering as teams from local businesses, churches and service clubs. Judging categories include volume of “stuff” collected, most unusual items picked up and number of cans and bottles found on the side of the road.

The Special Kapaa Quarry Road Cleanup/Cleanout session is held to remove the “stuff” littering the road. The longer the “stuff” remains, the more “stuff” will be dumped. Now that Kawai Nui Marsh has been designated as “Wetlands of International Significance,” it must be assumed that everything tossed in the bushes or dumped alongside the road could wind up in the marsh. If there is a large enough turnout, the entire road can be cleaned in approximately one and one-half hours with 12 to 14 teams of five people each.

Pre-registration is required to ensure adequate supplies and refreshments. To register, call 247-6366 or 223-5535. Though the deadline for team pre-registration has passed, the individual registration deadline is at 5 p.m., today.

10th Annual Electric Electron Marathon to be held at Ford Island

The Annual Electric Electron Marathon will be held on Ford Island, Saturday from 9 a.m. to 12:30 p.m.

Race-day festivities include music by DJ Gregg Hammer from I-94 Island Radio in addition to an awards ceremony. See C-5 for more information.

Chapel Organizes Volunteer Event

The next scheduled “Feeding the Homeless” will be a barbecue for the Women and Children Shelter on Saturday. Volunteers muster at Base Chapel on Friday no later than 2:15 p.m. in “appropriate” civilian attire and closed-toe shoes.

For more information, call the Base Chapel at 257-3552.

Thrift Shop Announces Upcoming Sales

For the entire month of March, all military uniform pieces are \$1 each.

Through Saturday: All appliances will be 50-percent off.

Saturday: Brown Bag Sale —

\$5 from 10 a.m. to 2 p.m.

Monday through March 25: Sporting goods and luggage will be 50-percent off.

Note: All sales exclude consignment items.

The new AESC Thrift Shop hours are Mondays from 10 a.m. to 4 p.m., Tuesdays from 11 a.m. to 5 p.m., closed on Wednesdays, Thursdays from 11 a.m. to 5 p.m., Fridays from 10 a.m. to 4 p.m., and payday Saturdays from 10 a.m. to 2 p.m.

The Thrift Shop has a new drop-off point for donations. The new donation building is located in the driveway just past the Thrift Shop parking lot, along 3rd Street. Follow the signs. The Thrift Shop accepts only items in good, clean and proper working condition. The Thrift Shop does not accept mattresses, box springs, bed pillows and anything flammable — including propane tanks — and does not have a way to dispose of these items.

For more details, visit the Thrift Shop, Pless Hall, Building 212, or call 254-0841.

Volunteers Wanted for Coconut Island Clean Up

All are invited to help “clean the beach,” on Coconut Island, April 2.

Volunteers will be picked up at the MCB Hawaii Marina at 7:45 a.m., taken to Coconut Island and returned to the Marina at 1:30 p.m. Lunch and drinks will be provided.

Tide will be low at noon, so swimming in the saltwater pool will not be at its best but will still be available. Children, under the supervision of Julie Thurston, will clean the beach while adults will clear brush from the island.

Remember to wear appropriate clothing; i.e., long-sleeve shirt and closed-toe shoes. If possible, please bring a machete. To volunteer, contact Jim Lakey at lakey@hawaii.edu

Rubber Duckies Come Out of Hibernation

The 20,000 rubber duckies that race each year in United Cerebral Palsy’s Great Hawaiian Rubber Duckie Race are officially out of storage and ready for adoption. This year’s race is

See WTP, B-7

On the Menu		
at Anderson Hall		
<p>Today <i>Lunch</i> Pepper Steak Southern Fried Catfish Rice Pilaf Potatoes Au Gratin Glazed Carrots Simmer Black-Eyed Peas Brown Gravy Sugar Cookies Fruit Pies</p> <p><i>Brunch/Dinner</i> Roast Turkey Beef Pot Pie Mashed Potatoes Buttered Egg Noodles Calico Corn Simmer Broccoli Turkey Gravy Sugar Cookies Fruit Pies</p> <p>Saturday <i>Brunch/Dinner</i> Baked Lasagna Chicken Parmesan Spaghetti Noodles Marinara Sauce Italian Mixed Vegetables Simmered Peas and Carrots Pizza Garlic Bread Marble Cake w/Chocolate Icing Fruit Pies</p> <p>Sunday <i>Brunch/Dinner</i> Barbecue Beef Cubes Baked Turkey and Noodles Steamed Rice Simmered Cabbage Tomato Gravy Ginger Molasses Cookies Spice Cake w/Butter Cream Frosting</p>	<p>Monday <i>Lunch</i> Meat Loaf Pork Ham Roast Steamed Rice Mashed Potatoes Simmered Peas French Fried Cauliflower Brown Gravy Chocolate Chip Cookies Fruit Pies</p> <p><i>Dinner</i> Beef Brogul Fresh Baked Cajun Fish Mashed Potatoes Rice Pilaf Club Spinach Mixed Vegetables Brown Gravy Chocolate Chip Cookies Fruit Pies</p> <p>Tuesday <i>Lunch</i> Simmered Corned Beef w/Mustard Sauce Honey Glazed Cornish Hens Parsley Buttered Potatoes Egg Noodles Fried Cabbage Peanut Butter Cake w/Peanut Butter Frosting Fruit Pies</p> <p><i>Dinner</i> Turkey Pot Pie Sweet and Sour Pork Steamed Rice Jefferson Noodles Simmered Pinto Beans Peanut Butter Cake w/Peanut Butter Frosting Fruit Pies</p> <p><i>Specialty Bar</i> Taco Bar</p>	<p>Wednesday <i>Lunch</i> Pork Adobo Beef Yakisoba Pork Fried Rice Vegetable Stir Fry Oatmeal Cookies Strawberry Shortcake Fruit Pies</p> <p><i>Dinner</i> Steak Smothered w/Onions Southern Fried Catfish Mashed Potatoes Baked Macaroni and Cheese Oatmeal Cookies Strawberry Shortcake Fruit Pies</p> <p><i>Specialty Bar</i> Country Bar</p> <p>Thursday <i>Lunch</i> Turkey À La King Beef Porcupines Mashed Potatoes Boiled Egg Noodles French Fried Okra Marble Cake w/Frosting Pineapple Upside-Down Cake Fruit Pies</p> <p><i>Dinner</i> Braised Liver w/Onions El Rancho Stew Honey Ginger Chicken Rice Pilaf Boiled Egg Noodles Marble Cake w/Frosting Pineapple Upside-Down Cake Fruit Pies</p> <p><i>Specialty Bar</i> Taco Bar</p>

REUNION: Plan on change, ‘new normal’ upon loved one’s return

From B-3

forget the small stuff that happened that very same week like the dog eating your debit card, your washing machine flooding downstairs and the car developing a coolant leak — one of those repairs that involves a \$17 part but eight hours of labor at \$44 per hour. All these things may be true, and a lot more that was a lot worse, but the many families who have already done this tell us that we are just now getting to the most important part of the deployment when it comes to getting ready and receiving our Marines and Sailors home.

We may have been thinking surviving this experience was the most important part, but here’s why that is not exactly the case. Redeployment and reunion is about the Marine or Sailor finding his or her place again in the family. But for that to happen, you have to look at the big picture. It’s about reestablishing your loved one’s place in the family and daily routine. But ultimately, it’s about the process of the dust settling and every member of the family finding the “new normal,” moving on with life as healthy persons and as a happy family.

Maybe you’ve been through a deployment before and you’re about to check out of this discussion. Think again. No two deployments are the same.

You have never been through this deployment before. You aren’t the same you as the last time your spouse deployed and neither is your Marine or Sailor. That’s because we’re people and not machines. People aren’t static; on some level we are always learning, growing and changing. And since these are hallmarks of good emotional health, we can’t seriously want it any other way. Maybe during the last



Cpl. Megan L. Stiner

Sgt. Jack Foster, Charlie Company, 1st Battalion, 3rd Marine Regiment, and wife, Megan, embrace after being apart for eight months while Foster was deployed to Iraq. Thirty-three Marines returned Tuesday; the remainder of the battalion will return April.

deployment, you’d only toyed with the idea of having children or maybe your children were still living at home or your health has taken a different turn. The reasons why every deployment is different are numerous but here’s something we can take to the bank: We have information on new help for every single one of us, based on the research that’s been done on the effects of deployment, since the last deployment you lived through, and this alone is reason to stay with the discussion.

Adjustment, transition, finding the “new normal” — whatever words you want to give to it, the truth is, adjustment is inevitable and no one and no family is

exempt: period. The research seems to constantly underscore this point and still, there will be many of us caught by surprise and some of us even slightly undone by it. It makes me wonder if the community shouldn’t hire a “town crier” of sorts to walk our streets, shouting, “Get ready, a transition is coming!” A lot of us are wired to solve problems out loud and if that’s you, chew on this with your friends and family and certainly with your Marine or Sailor. It’s not too soon to start the healthy work that will lead to the road at the other end of this experience.

So what do the many military families who have gone before us have to say about this time we call reunion? Expect and plan on things to be different — everyone’s grown, learned, changed. This is normal and healthy and something we should count on. Expect the transition to take time so plan to take it slow as you get to know each other again. Expect some tension along the way but don’t make more or less of it than is actually there. Keep a handle on your expectations about the situation and the way you imagine things will be once your Marine or Sailor is safely home again. And finally, communicate, communicate, communicate! Look for the feelings underneath the issues that surface and find words for them. While you’re doing this, resist the strong urge to be defensive and remember that you and your Marine or Sailor are on the same side, both trying to come to terms with the transition.

None of us have to do this alone. There are numerous resources available to us here and online. For information regarding your resources, contact Marine and Family Services at 257-7787 or contact MCCS One Source at www.mccsone.com or (800) 433-6868.

WTP, From B-6

scheduled for April 2.

Duckies and friends will take on the challenges of the Ala Wai Canal, starting at the Kalakaua Avenue Bridge. There will be pre-race festivities from 9 a.m. to 12 p.m. at the McCully Shopping Center. Participants will enjoy children’s games, live entertainment and a duckie store. At 12:30 p.m. festivities include “Hawaii’s Shortest Duck Parade,” which begins at McCully Shopping Center and ends at the Kalakaua Avenue bridge. The actual “Duckie Race” kicks off at 1:18 p.m. There will be an awards ceremony for both winning duckies and their adopted owners at the conclusion of the race.

Ducks may be adopted at any Sizzler Restaurant or Blockbuster video store. Additionally, individuals may call the duck hotline at 532-6744 or go online at www.ucpahi.org to adopt a duck.

On-street parking will be available as well as parking at neighboring parks. All proceeds from the event stay in the islands to help support Life Without Limits for people with disabilities.

Museum Invites Community to be a Scientific Investigator

On April 9, from 12 to 9 p.m., Bishop Museum will bring the facts and mysteries of science alive in their first “Mad About Science Festival.” Through hands-on activities, experiments, and entertaining shows, children of all ages will learn more about the world of geology, archeology, biology, botany, ecology and more.

With dozens of festivities to choose from, children will be able to act like inquiring scientists as they conduct experiments. Be a “doctor-detective” and conduct medical investigations at the Medical Mystery Festival. Experience how astronauts live and work in a space station through the Space Station Wonders activities. When the sun sets, children will be able to enjoy an evening of stargazing and galactic fun. Kids will also be able to participate in the “Who Wants to be an Astronaut” game show and take a guided tour of Bishop Museum’s natural science collection filled with bugs, birds, and more.

Entry is \$3 for kamaaina and military, and free for Bishop Museum members and children under age 3. For additional information about Bishop Museum program-



Artist Poor Lydia spends her down time adding to her already prominent collection of paintings on the Honolulu Zoo fence.



Captain Budd displays one of the more unique types of art: scrimshaw. Budd, like many of the artists who display their craft at the fence, has been showing his work at the fence for more than 10 years.

FENCE, From B-1

the more than 35 artists who show up on a regular basis.

“It is a great environment and just such a relaxing setting,” said Lydia. “Even if you aren’t out to buy something, it is still a nice place to come to and admire work.”

At times, visitors to the island accidentally happen upon the fence art but stay to look and, occasionally, purchase art.

“I was on a walk around the block, and I came across the paintings and ended up buying two pieces,” said Carter A. Mendoza, tourist. “There is so much to do in Hawaii, but you can get caught up in all the touristy stuff and miss out on cultural stuff like the art on the fence.”

Mendoza, who is visiting friends in Waikiki for a month, explained that he comes to Hawaii nearly every two years and enjoys being able to bring something home that reminds him of the island, and still not be too cliché.

Visiting and looking at the fence art is a free, cultural experience that the entire family can enjoy. The artists generally gather there from 9 a.m. to 4 p.m., but hours are flexible. For details, call 946-7713.



Many of the artists create unique paintings, such as the frogs shown above, to draw visitors to their displays.

MARINE MAKEPONO

HAWAIIAN FOR “MARINE
BARGAINS”

Automobiles

’85 Porsche 944, new tires, clutch, transmission, power-steering pump, front shocks. Very fast and loud, headers, exhaust, throttle cam, chip. Asking \$4,500 OBO. Call P.J. at 230-4162.

’02 Ford Focus ZX5, white, four-door, moon roof, six-CD changer, in good condition, 35,500 miles. Asking \$9,000 or take over payments. Call 391-9229.

Motorcycles

’02 Harley Davidson Sportster 882, new bike with less than 75 miles, always garaged and ready to ride. Asking \$7,000, firm. Call 384-3643 or 486-0130.

Yard Sale

Saturday, from 7 to 11 a.m. at 6601-B Cochran St. court aboard MCB Hawaii. There will be electronics, clothes and more.

Saturday, from 7 a.m. to noon at 198 Aikahi Loop in Kailua. Multi-family sale with children’s clothing, furniture, toys, and more.

Miscellaneous

St. Anthony’s School uniform, child’s size large. Asking \$20. Call 262-8789.

Tramper SL 12.5 foot two-man kayak, 25-pound, heavy-duty inflatable, 2.5-foot beam. List price \$1,259 but asking \$150. No paddles or seat backs included. Call Earl Handy at MCCA Marina at 254-7667.

Ads are free and will appear in two issues of the **Hawaii Marine**, on a space available basis. Those interested in advertising must bring a valid DoD-issued ID to the **Hawaii Marine** office.

For more information, call 257-8837.

Much of the art displayed at the Art Show depicts Hawaiian-inspired scenes through colorful and imaginative paintings.

